



STEADFAST & BRAVE

Female First Responders Group
4th Wednesday of the Month
10:00 - 11:30

Female first responders are a powerful group of heroes. You balance family, work and the emotional toll of your job.

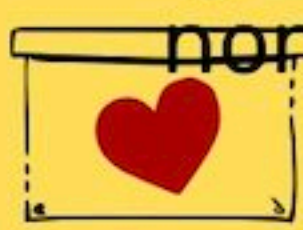


Join us and talk with fellow female first responders, who have similar shared experiences, struggles & challenges. You can offer, receive support and release whatever weighs you down.

This is offered at no cost by Soul to Soles Connection at their private farm - a safe, **non-judgmental space.**

Soul to Soles Connections depends on generous donations in order to provide FREE mental health services to veterans & first responders.

Horses stand with as you connect with breathe, release and connect.



For More Information, take a picture of this QR Code with your phone!

